



Fibosyl-S

Psyllium Husk & Senna Extract

COMPOSITION

Fibosyl-S effervescent powder in Container: Each 5.38 g effervescent powder contains Psyllium Husk 3.5 g and Senna extract equivalent to Sennoside B 7.5 mg.

Fibosyl-S effervescent powder in Sachet: Each 5.38 g effervescent sachet contains Psyllium Husk 3.5 g and Senna extract equivalent to Sennoside B 7.5 mg.

PHARMACOLOGY

Fibosyl-S is a combination of Psyllium fiber (Bulk-forming laxative) & Senna extract (stimulant laxative). Its fiber contains mucilage and Senna extract contains hydroxyanthracene glycosides (as Sennoside B) that helps to relieve constipation and normalize bowel action. The additive effect of **Fibosyl-S** is ensured for its combination partners. This special combination preparation accelerates intestinal passage and increases water absorption to increase filling pressure. **Fibosyl-S** helps to reduce pain by easy bowel evacuation with soft stool for patients suffering from hemorrhoids (piles), rectal surgery and colon cancer. It has soothing effects on gastric and intestinal mucosa, gastric irritation and ulceration. **Fibosyl-S** lowers serum cholesterol levels (LDL) and blood glucose level.

INDICATIONS

- Constipation
- Hemorrhoids or Piles
- Bowel regulation for bed ridden patients

DOSAGE & ADMINISTRATION

Fibosyl-S is intended for oral use after mixing with water. The granules should be stirred into 150 ml water (two-third of a glass) and should be taken as soon as the effervescence subsides.

Adults and children over 12 years: 1-2 spoonful/1-2 sachet at night with at least 150 ml water or as directed by the physician. **Fibosyl-S** can be taken with fruit juice, milk and warm drink. **Fibosyl-S** should not be taken until ½ to 1 hour after intake of other medications. Continuous use for more than 2 weeks requires medical supervision.

CONTRA-INDICATION

Contraindicated for patients with pathological narrowing in gastrointestinal tract, intestinal obstructions, acutely inflamed intestinal diseases, e.g. Crohn's disease, ulcerative colitis, appendicitis and abdominal pain of unknown origin. Contraindicated for children under 12 years old.

WARNING & PRECAUTION

Do not exceed the stated dose. Use for longer periods may worsen any existing bowel sluggishness. The preparation should be used only if constipation cannot be remedied by a change in diet or with the aid of bulking agents.

SIDE EFFECTS

Spasmodic gastrointestinal complaints may occur very rarely. In these cases, a reduction of the dose is required. In the course of treatment, a harmless red coloring of the urine may appear.

USE IN PREGNANCY & LACTATION

Recommended but special precaution should be taken during first trimester of pregnancy.

USE IN CHILDREN & ADOLESCENTS

Not recommended for use in Children under 12 years of age.

DRUG INTERACTION

Chronic use may cause potassium deficiency which may increase the effectiveness of cardiac glycosides and influence of the action of antiarrhythmic drugs. Potassium deficiency can be increased by simultaneous application of thiazide diuretics, corticoadrenal steroids. A reduction of the dosage of insulin may be necessary for insulin dependent diabetics.

OVERDOSE

Overdose may alter electrolyte and water balance.

STORAGE

Fibosyl-S should be stored at room temperature. Store in a cool and dry place, away from light and moisture. Close the cap of the container after each use.

PACKING

Fibosyl-S effervescent powder in Container: Each container contains 100 g effervescent powder of Psyllium Husk with Senna extract in a container with measuring spoon.

Fibosyl-S effervescent powder in Sachet: Each box contains 30 sachets of effervescent powder of Psyllium Husk with Senna extract.

Manufactured by:
 **ARISTOPHARMA LTD.**
Herbal Division, Gazipur, Bangladesh

